



# PRAIRIE COLLEGE PCP IMMUNIZATION REQUIREMENTS

As a Prairie College/Professional Medical Associates FMR/PCP program learner, you must fulfill certain immunization requirements. Please view the list of immunizations that you need below. It may take some time to complete all of your immunization requirements. We therefore recommend beginning this process as soon as possible.

## **Step #1 Find any immunization records you may have from the past**

Depending on where you received past immunizations or testing, you may get records from your parent/guardian, family doctor(s), Community or Public Health Centre, or from previous places of employment. Childhood and/or adult records are acceptable.

## **Step #2 Arrange an appointment**

You will need to arrange an appointment at a local health center to receive needed immunizations and tuberculosis screening, which may require a fee. You may also need to see a physician for blood testing and/or a chest x-ray order.

## **Step #3 Deliver your immunization records to Prairie College**

Please ensure that you have delivered your immunization records to your program liaison prior to the start of FMR training in the beginning of January.

**PLEASE NOTE:** If you have any questions about immunizations, please do not hesitate to contact Lydia Nelson by email at [lydia.nelson@prairie.edu](mailto:lydia.nelson@prairie.edu) or by phone at 403-443-5511 (local) or 1-800-661-2425 (toll free).

## **REQUIRED IMMUNIZATIONS FOR THE FMR/PCP PROGRAM**

- **Tetanus/ Diphtheria:** Primary series in childhood and a booster within the past 10 years. Minimum requirement = 2 doses or booster within past 10 years.
- **Polio:** Primary series; if not, you require a series of three injections. Minimum requirements = 2 doses.
- **Measles:** 2 documented doses or proof of immunity.
- **Mumps:** \*\*Blood test is *not* acceptable. Must have 2 documented doses if born after 1970 or outside of Canada / USA. If born in Canada or the USA before 1970, we assume you have immunity.
- **Rubella:** 1 documented dose or proof of immunity.

- **Varicella:** Also known as chicken pox; clear history of disease or documentation of age-appropriate vaccination is acceptable. If you have never had the disease or are unsure, immunity is checked with a blood test. If immunization is needed, you must have 2 doses to meet the minimum requirement.
- **Mantoux:** Pronounced “man-too”; also known as PPD, TST, or skin testing for TB - screening for Tuberculosis (done within a year of the start date of your program). If you have had a BCG vaccination or are over the age of 55, you will require a second Mantoux test no sooner than a week after the first but no later than 28 days of the first if the first test is negative and you have never had a baseline 2-step Mantoux test before.
- **Hepatitis B series:** If you have had the series, immunity is checked with a blood test. If the series is required, you must have 2 doses to meet the minimum requirement.

**\*\*A note regarding blood testing for antibodies (titre):** Please do not do blood testing for Measles or Rubella if you need to receive the Mumps vaccine. The Mumps vaccine contains Measles and Rubella so you will receive the Measles and Rubella vaccine as well; therefore, the blood testing is wasteful and does not yield any useful information.

*This information is being collected under the provisions for collecting personal information as stated by the Personal Information Protection Act (PIPA). This information is collaboratively used by Prairie College and Professional Medical Associates to fulfill practicum placement requirements. Your information is protected by the privacy provision of PIPA. If you have any questions about this information collecting, please contact Lydia Nelson at Prairie College ([lydia.nelson@prairie.edu](mailto:lydia.nelson@prairie.edu); 403-443-5511), or toll free at 1-800-661-2425.*

*Prairie College*